

Repository of resources on disability inclusion and Covid-19

Introduction

- This document is a repository of resources focusing on Covid-19, disability, mental health, chronic health conditions and related topics curated by the [International Disability and Development Consortium Inclusive Health Task Group \(IDDC IHTG\)](#) and the [CORE Group Disability Inclusive Health Technical Advisory Group](#) co-chaired by Alessandra Aresu (Humanity & Inclusion), Leia Isanhart (Catholic Relief Services), Nick Corby (Equal International), Andrea Pregel (Sightsavers).
- Resources included in this list are for information purposes; the inclusion of a resource in this list does not represent an endorsement of its content, language or viewpoint
- The document is regularly updated thanks to the inputs we receive by organizations and individuals working on Covid-19.

Easy read and plain language

Inclusion Europe: [Easy-to-read information about Coronavirus in many languages](#) (including English, French, Spanish, Italian, Danish, German, Swedish)

Mencap: [Easy read guidance on coronavirus](#)

Self Advocacy Resource and Technical Assistance Center (SARTAC): [Plain language COVID-19 Information By and For People with Disabilities](#)

Chosen Power (People First Hong Kong): [COVID-19 Prevention Guidelines \(Easy Read\)](#)

[Coronavirus en pictogramas](#) (Spanish)

Easterseals: [My social distancing story](#)

The Autism Educator: [What is the coronavirus?](#)

Mental health

WHO: [Mental Health Considerations during COVID-19 Outbreak](#)

WHO: [Covid-19 and mental health - video Q&A](#)

Mind: [Coronavirus and your wellbeing](#)

Mentalhealth.org.uk: [Looking after your mental health during the Coronavirus outbreak](#)

British Association for Counselling and Psychotherapy: [Coronavirus anxiety: how to cope if you're feeling anxious about the outbreak](#)

British Association for Counselling and Psychotherapy: [Coronavirus self-isolation: How to look after your mental health and wellbeing if you're self-isolating](#)

OCD UK: [OCD and Coronavirus](#)

IASC Reference Group on Mental Health and Psychosocial Support: [Addressing Mental Health and Psychosocial Aspects of COVID-19 Outbreak](#)

American Foundation for Suicide Prevention: [Taking Care of Your Mental Health in the Face of Uncertainty](#)

Mental Health Europe: [Coronavirus: 8 ways to look after your mental health](#)

Mental Health Foundation: [Looking after your mental health during the Coronavirus outbreak](#)

Sign languages

NYC Mayor's Office for People with Disabilities: [What You Need to Know About Coronavirus](#) (video: American Sign Language - ASL)

Italian Civil Protection Department (Dipartimento Protezione Civile): [Daily press conference on Coronavirus](#) (video playlist with interpretation in Italian Sign Language - LIS)

Mill Neck International [Facts about COVID-19 in International Sign Language](#)

European Federation of the Deaf Youth: [Coronavirus - EUDY statement](#)

World Federation of the Deaf: [WFD and WASLI joint statement on access to Health services](#)

Governments

CDC (USA): [Covid-19: If You Are at Higher Risk](#)

UK Government: [Guidance on social distancing for everyone in the UK and protecting older people and vulnerable adults](#)

Administration for Community Living: [COVID-19: What do Older Adults and People with Disabilities Need to Know?](#)

NHS England: [Responding to COVID-19: Mental Health, Learning Disabilities and Autism](#)

UK government: [COVID-19: residential care, supported living and home care guidance](#)

UN / WHO

UN OHCHR: [COVID-19: Who is protecting the people with disabilities? – UN rights expert](#) - statement by Catalina Devandas, Special Rapporteur on the rights of persons with disabilities

WHO, IFRC, OCHA: [COVID-19: How to include marginalized and vulnerable people in risk communication and community engagement](#)

WHO: [#AskWHO on disability considerations during #COVID19. #coronavirus](#) (video)

UN Women: [Paying attention to women's needs and leadership will strengthen COVID-19 response](#)

Gender in Humanitarian Action Working Group - Asia and the Pacific: [The COVID-19 Outbreak and Gender: Key Advocacy Points from Asia and the Pacific](#)

Non-governmental organisations and international networks

International Disability Alliance: [COVID 19 and the disability movement](#)

European Disability Forum: [Open letter to leaders at the EU and in EU countries: Covid-19 – disability inclusive response](#)

European Disability Forum: [Covid-19: Activities Of Our Members](#)

Centre of Research Excellence in Disability and Health (CRE-DH): [People with disability and Covid-19](#)

Inclusion International: [Including Persons with Disabilities in Coronavirus Crisis Action](#)

Asthma UK: [Coronavirus \(COVID-19\) Health advice for people with asthma](#)

MacMillan: [Advice on coronavirus for people with cancer](#)

UK Cystic Fibrosis Medical Association: [UK CF Medical Associations statement on coronavirus](#)

Disability Rights UK: [DR UK statement on Coronavirus](#)

CDC: [People at Risk for Serious Illness from COVID-19](#)

Light for the World: [Leaving no one behind during the COVID 19 outbreak](#)

EASPD and European Ageing Network: [Ensuring EU Response to COVID-19 tackles threat of social care emergency](#)

European Association of Service Providers for Persons with Disabilities: [Priorities for EU Response to COVID-19 regarding threat to Social Service provision \(NACE Code 87-88\)](#)

European Association of Service Providers for Persons with Disabilities: [The COVID-19 outbreak and Support Service Providers for Persons with Disabilities](#)

U.S. Equal Employment Opportunity Commission: [Pandemic preparedness in the workplace and the Americans with Disabilities Act](#)

Help Age: [COVID-19: Guidance and advice for older people](#)

Special Olympics: [Coronavirus outbreak: what you need to know](#)

Creaky Joints: [A Chronic Illness Patient's Guide To Coronavirus](#)

Business Disability Forum UK: [Coronavirus and disability: What you need to know](#)

Alzheimer's Disease International: [ADI offers advice and support during COVID-19](#)

Inclusiva NGO: [Recommendations for health protection of people with disabilities during outbreaks: lessons learned from the 2019 novel coronavirus](#)

Age International and HelpAge International: [Older people and COVID-19 in low- and middle-income countries and humanitarian settings](#)

Bridging the Gap: [The impact of COVID-19 on persons with disabilities](#)

Human Rights Watch: [Human Rights Dimensions of COVID-19 Response](#)

World Institute on Disability: [Recommendations for Immediate COVID-19 Action](#)

Early Childhood Development Action Networks: [Early Childhood Focused Covid-19 Resources](#)

Research

The Lancet: [Mental health care for medical staff in China during the COVID-19 outbreak](#)

The Lancet: [Online mental health services in China during the COVID-19 outbreak](#)

The Lancet: [Psychological interventions for people affected by the COVID-19 epidemic](#)

The Lancet: [Mental health services for older adults in China during the COVID-19 outbreak](#)

The Lancet: [The psychological impact of quarantine and how to reduce it: rapid review of the evidence](#)

Media, articles, blogs

South China Morning post: [Left at home for six days: disabled Chinese boy dies after carer dad and brother are quarantined for coronavirus checks](#)

Guardian: [Coronavirus hits ill and disabled people hardest, so why is society writing us off?](#)

New York Times: [Afraid of Coronavirus? I Know What That Fear Is Like – I live with chronic illness. Here is my advice for keeping calm in a health crisis.](#)

Sydney Morning Herald: [Italian doctors propose intensive care age limit to save younger patients](#)

Guardian: [Health groups step up UK coronavirus plans to reassure vulnerable](#)

Guardian: [Care workers could be redeployed to UK coronavirus hotspots - Officials considering whether to loosen criminal records checks to help fill gaps](#)

Forbes: [5 Things To Know About Coronavirus And People With Disabilities](#)

Metro UK: [How to deal with coronavirus panic when you're experiencing health anxiety](#)

Creaky Joints: [I Still Have Complications from the 2009 Swine Flu, So Understand Why Coronavirus Is Worrying People with 'Underlying Health Conditions](#)

Creaky Joints: ['I Have Many Reasons to Be Worried About the Coronavirus But No Cares': A Chronic Illness Patient Speaks Out](#)

Creaky Joints: ['The Cripples Will Save You': A Critical Coronavirus Message from a Disability Activist](#)

Creaky Joints: [Coronavirus Facts: What You Need to Know If You Have Chronic Illness or Are Immune-Compromised](#)

Independent: Coronavirus: [Weakest patients could be denied lifesaving care due to lack of funding for NHS, doctors admit](#)

ABC: [How will people with disabilities deal with the COVID-19 lockdown? \(audio\)](#)

Huffington Post: [Protecting Yourself From Coronavirus Is Proving Harder For Disabled People Like Me](#)

Los Angeles Times: [The mentally ill. The disabled. The elderly. The coronavirus hit hardest where the frail gathered](#)

Guardian: [Anxiety on rise due to coronavirus, say mental health charities](#)

Peter Vermeulen blog: [Autism and the Corona virus: 20 tips](#)

ProBono Australia: [Urgent calls for targeted COVID-19 response for people with disability](#)

Huffington Post: [People Most Vulnerable To Coronavirus Are Urging Others To Stay Home. Here's Why](#)

The Small Places: [Coronavirus and the Mental Capacity Act 2005](#)

BBC: [Coronavirus: How to protect your mental health](#)

Global Citizen: [Coronavirus: Australia's Largest Supermarket Introduces Exclusive Shopping for Elderly and People With Disabilities](#)

Guardian: [Australians with disabilities missing out on essential services as Covid-19 crisis escalates](#)

Disability Scoop: [Coronavirus Brings Added Worries For People With Disabilities](#)

New Mobility: [Disability-Specific Recommendations for COVID-19](#)

Guardian: [Disabled people cut off from vital supplies due to panic buying](#)

Guardian: [Benefits assessment suspension does not go far enough, says charity](#)

Disability Debrief: [News on coronavirus response](#)

BuzzFeed News: [The Coronavirus Response Shows How Crucial Accessibility Is](#)

Washington Post: [Disabled people have worked remotely for years, and they've got advice for you and your bosses](#)

Forbes: [5 Things To Know About Coronavirus And People With Disabilities](#)

Mugambi Paul blog: [Will the "Disabled" Kenyans cry foul after being left in Coronavirus conversations?](#)

Mugambi Paul blog: [The catastrophe of being Blind and Disabled in the Corona era "Lessons for Policy makers!"](#)



Guardian: [People with 'underlying conditions' are being treated as expendable. But our lives matter](#)

BBC: [Coronavirus pandemic: Welcome to The Cabin Fever Podcast](#) (podcast)

Social media

Twitter: [#Coronavirus and the disability community #COVID—19 #COVID19](#)

Twitter: [#HighRiskCovid19](#) - posts by people with disabilities and people with underlying health conditions